

ÖSTERREICHISCHER LEBENSTIL UND ÖSTERREICHISCHE KULTUR (Austrian Lifestyle and Culture)

7 Common myths about Austrian food you need to stop believing

Myth six: Austrian food is monocultural

The Austro-Hungarian empire was once one of the most powerful in the world, and Austria's food reflects its former glory and geographical reach.

Apfelstrudel is believed to be an Austrian version of a Turkish baklava. It's often debated whether the *Schnitzel* originated in Milan (*Cotoletta alla Milanese*) or in Vienna. Austria's *Palatschinken* (crêpes) and *Gulasch* come from Hungary, while many famous Austrian pastries originated in Bohemia. The ubiquitous *Käsekrainer* – a cheese-stuffed sausage comes not just from Upper Austria, but is an adaptation of a Slovakian recipe.