

SPEISEN WORTSCHATZ (food vocabulary)**MAHLZEITEN (meals)**

meal: die Mahlzeit, die Mahlzeiten

main meal: die Hauptmahlzeit, die Hauptmahlzeiten

main meals and typical foods/ beverages consumed:

1. breakfast: **das Frühstück, die Frühstücke; frühstücken**
- a. "Typical family breakfast" consists of white rolls and/ or brown bread, butter, jam, and sometimes a soft boiled egg served in a little egg cup. Beverages include coffee and tea.

- This is another major cultural difference, which surprises Americans staying in German homes.
- word bank / Wortkasse:

to eat breakfast:	frühstücken
roll:	das Brötchen, die Brötchen
bread:	das Brot, die Brote
brown bread:	das Schwarzbrot
butter:	die Butter
jam:	die Marmelade
soft boiled egg:	weich gekochtes Ei
coffee:	der Kaffee
cup of coffee:	eine Tasse Kaffee
tea:	der Tee
cup of tea:	eine Tasse Tee

- b. Today a "continental breakfast" can be found in many German hotels and American chain hotels (Sheraton, Holiday Inns, etc.).
- It consists of cereal, yogurt, assorted cold cuts, sausages, and / or cheese, fruit, egg dishes, and many other selections, almost like a brunch.
 - word bank / Wortkasse:

cereal:	das Getreide; Müsli
yogurt:	der Joghurt
bread and rolls:	Brot und Brötchen
cold cuts:	der Aufschnitt or die Kalteplatte
sausage:	die Wurst, die Würste
cheese:	der Käse
cheese plate:	die Käseplatte
fruit:	das Obst, die Obstarten
egg dishes:	die Eierspeisen
egg:	das Ei, die Eier
coffee and tea:	eine Tasse Kaffee oder Tee
orange juice:	der Orangensaft, der Apfelsinensaft