

MAHLZEITEN: MITTAGESSEN

meal: die Mahlzeit, die Mahlzeiten
 lunch: das Mittagessen, die Mittagessen

MITTAGESSEN WORTSCHATZ

types of foods eaten at Mittagessen:
 main hot meal is eaten at noon, consisting of soup (Suppe),
 salad (Salat), meat (Fleisch), potatoes (Kartoffeln), veg-
 etables (Gemüse), and dessert (Nachtisch)

THE MAIN MEAL



The main meal of the day is usually eaten at lunchtime. Germans are fond of meat, particularly pork, and this is normally accompanied by potatoes or other vegetables, such as puréed spinach, and salad.

Meals

In Germany, lunch is the main meal of the day. It is usually served hot and often includes vegetables, roast chicken or *Schnitzel*, which is a cutlet often made from pork and *Knödel*, chewy potato dumplings, or *Spätzle*, fat, thick noodles. Breakfast and dinner are generally lighter meals. They tend to include German bread, often made from a type of grain called rye, and different kinds of cheese. Cheese, fruit, and sausages or other cold meats are also part of these meals.

das Fleisch
 meat

die Suppe
 soup

das Gemüse
 vegetable

der Nachtisch
 dessert

der Schweinebraten
 roast pork

die Kartoffeln
 potatoes

das Kraut
 cabbage

der Kuchen
 cake

(fish)
 der Fisch

der Knödel
 dumpling

die Torte
 pie

Three meals are served daily in Germany: breakfast, lunch and supper. The main meal is lunch (dinner). Many Germans like to eat in a restaurant or an inn. There one gets a menu. In the picture we see a menu for breakfast as it is served on the large ocean liners. But with the family, one eats in a more simple manner. The students at the university eat in a Mensa, and in industry, the workers call their restaurant a canteen.