

WAS ESSEN UND TRINKEN DIE DEUTSCHEN?

NINE TASTY GERMAN FOOD AND DRINK IDIOMS

1. in den saueren Apfel beißen! (to bite the bullet)



Literally, “to bite into the sour apple.” This means to bite the bullet, swallow the pill, or just generally do something you’re not that keen on. We’d rather make those sour apples into Strudel, to be honest.

2. Das ist nicht dein Bier! (That’s none of your business!)



If someone yells “That’s not your beer!” at you, it could well be that you’ve picked up their Spaten by mistake. However, they could also be warning you to mind your own business. Germans are just as protective over their private lives as they are over their beers, apparently—or vice versa.