

## WAS ESSEN DIE DEUTSCHEN?

The most common foods are potatoes, dumplings, meats, cakes and pastries. Lunch is their main meal most of the time. They have morning snacks and afternoon coffee. Their most favorable drink is beer, along with white wine. On Fridays Catholics in Germany do not eat meat, its traditional.

### Eating in Germany

#### German food from day to day

Hash browned potatoes with onions, called Bratkartoffel, are another common delight beside Schnitzel. Some people really crave the thick potato dumplings the Germans make. Most menus read, "Schnitzel (type) mit Pommes Frites und Salat." Salat is the German lettuce, which is similar to Romaine, but is very light. Since a mayonnaise dressing would weigh it down, the Germans brew a delicious concoction of vinegar, oil and sour cream to add taste. If fresh chives are available, they are chopped and tossed with the Salat. Dill-pickled vegetables often garnish the salad plate. The Germans are big on dill and they pickle not only cucumbers, but string beans, carrots and beets as well, with delicious results. It's interesting, I think, that they have never tasted sweet pickles.

They don't eat corn, either. They feed corn to cattle. So among the bags of cheese whirls, paprika dusted potato chips, and peanut flavored goodies, there is an obvious absence of corn chips. And certainly, without corn, one does not make tortillas or tacos. Popcorn is growing in popularity here.

#### German food and drink exports include:

**Beer** — from Hamburg (*Holsten*)  
 — from Dortmund (*Dortmunder Union*)  
 — from Munich (*Löwenbräu*)

**Bread** — many of the 200 different kinds of bread made in Germany are exported; **Pumpernickel** (black rye bread) is perhaps the best-known abroad.

**Biscuits and Cakes** — snacks and savouries, pretzels (**Brezeln** in German) and flan cases are all exported.

**Confectionery** — marzipan, liqueur chocolates, chocolate bars.

**Cheese** — some unique German varieties are exported, such as **Limburger**, **Tilsiter** and smoked cheeses.

**Fish** — notably pickled herring (**Rollmöpfe**).

**Fruit Juices** — especially apple and grape juice.

**Meats and Sausages** — whole or sliced sausages, made of 100 per cent meat with spices. Examples include liver sausage (**Leberwurst**), a pork 'spread' called **Teewurst**, and hot-dog sausages (**Frankfurter Würstchen**).

**Pickles** — white cabbage (**Sauerkraut**), red cabbage (**Rotkohl**), gherkins (**Gurken**) and mustard (**Senf**).

**Wines and Spirits** — white wines from the Rhine (**Rheinwein**) and from the Moselle (**Moselwein**), **Schnaps** — a grain spirit — and **Kirsch**, a strong cherry brandy. Small quantities of red wine from Bavaria are exported too.