

WAS ESSEN DIE DEUTSCHEN? / WHAT DO THE GERMANS EAT?

10 DELICIOUS FOODS YOU HAVE TO TRY WHILE LIVING IN GERMANY

3. Schwedeneisbecher



This ridiculously calorific dessert consists of ice cream, apple sauce, advocaat and whipped cream, and can commonly be found in restaurants across former East Germany.

In fact, the name proves just how socialist this most luxurious of treats is. When Sweden beat West Germany at ice hockey in the 1952 Winter Olympics, East German leader Walter Ulbricht named his favourite treat in their honour.