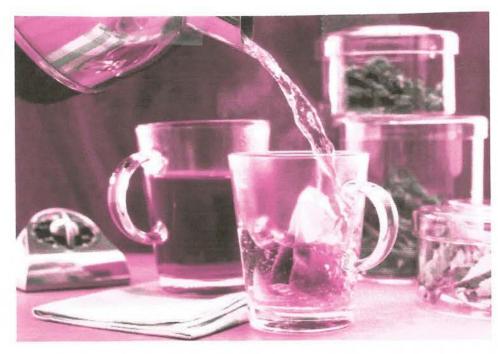
"Bei uns ist immer etwas los!"

## DEUTSCHE FEIERTAGE, FESTE, UND MESSEN 10 WAYS TO YOU KNOW IT'S SPRING IN GERMANY



After a winter of hearty German cuisine, fitting into those skimpy summer shorts may have become something of a challenge. As part of a 'Heilfasten' (fasting cure) connected loosely to Lent, many opt for such horrors as daily sauerkraut juice or slightly less worrisome, odd teas, to gear up their insides for the new season.



One of the nicest things approaching Germany over the coming weeks is the asparagus season. Nowhere else in the world embraces the green and white vegetable with as much enthusiasm as here. It is lovely (and you've got little other option), so prepare to tuck in.