

## KARFREITAG / GOOD FRIDAY

Good Friday is the day of Jesus Christ's death. On this day, what is known as "The Passion" took place: the procession, Christ nailed to the cross, and Christ's burial.

On Good Friday, Christians in Germany eat fish (no other kinds of meat). This is a very old tradition that goes back to the Greek word for fish - "Ichthys." This word is believed to represent the phrase "**I**esus **C**hris**T**os **T**heos **Y**os **S**oter" because the beginning letters of each word (in bold) together make up the word "Ichthys." This phrase means "Jesus Christ, Son of God, Savior." So, fish has become known as a symbol of Jesus Christ, Son of God, and Savior.

As we get closer to the Easter weekend, let's have a look at today's word of the day, which describes a sad time when Christians look back and remember.



A man carrying a cross during a Karfreitag procession in Seitenroda, Thuringia last year.

Against popular misunderstandings, this day is not called *Karlfreitag* – so let's leave Karl out of this. *Karfreitag* in English means "Good Friday", which seems contrary to its German meaning.