

## OSTERSITTEN UND BRÄUCHE / CUSTOMS and TRADITIONS

## Nine ways to celebrate Easter like a German



8. **Eat your fish and be quiet:** On Good Friday, “Karfreitag” in German, no church bells ring, no songs are sung, and no music should be played, as this is the day Jesus was crucified. The word “kar” comes from the old German word “kara,” meaning lamentation. It is a day of fasting, where the only meal eaten should be fish.



9. **Eat something green:** “Gründonnerstag” (Maundy Thursday in English) is the last time Jesus ate with his disciples before he was crucified. The word “grün” in Germany, in this case, does not come from the color green, but from the old German word “grönan,” which means crying. But some people still eat just green food on this day.