

## DEUTSCHER LEBENSTIL UND DEUTSCHE KULTUR (German Lifestyle and Culture)

### How to make the most of German culture while social distancing

If you are craving some German art, music, language learning or sport, we've compiled a list of activities you can do from the comfort of your own home during this period of social distancing.



There's lots you can watch or do from the comfort of your sofa.

Germany has introduced [strict 'no contact' measures aimed at stalling the spread of coronavirus](#).

Since that means we are all now spending more time indoors as we socially distance ourselves, it's more important than ever to take care of our minds as well as our bodies,

So what better time to soak up some *Deutsche Kultur* (German culture)? Luckily, there are numerous opportunities for experiencing this from your own room.

Here's a few things to try: